

Depression/Anxiety requiring medication

Pilots taking antidepressants/anti-anxiety medication are disqualified, except for the 4 S.S.R.I. medications which require a Special Issuance (see attached SSRI Special Issuance Protocol). If the medication and the diagnosis for which it was prescribed are no longer present then a pilot may be considered for certification. Remember it is not only the medication, but what the medication was prescribed for that could be disqualifying.

Initial report to the F.A.A.

- A. Must be off medication for at least 90 days and have no evidence of recurrence of symptoms to be considered for certification.

- B. Please provide a current status letter (dated within the last 90 days) from the treating physician to include, **diagnosis**, medical treatment of depression or anxiety (including names and dosages of meds), as well as how long treatment was provided, history of the illness and if any hospitalization was required and prognosis

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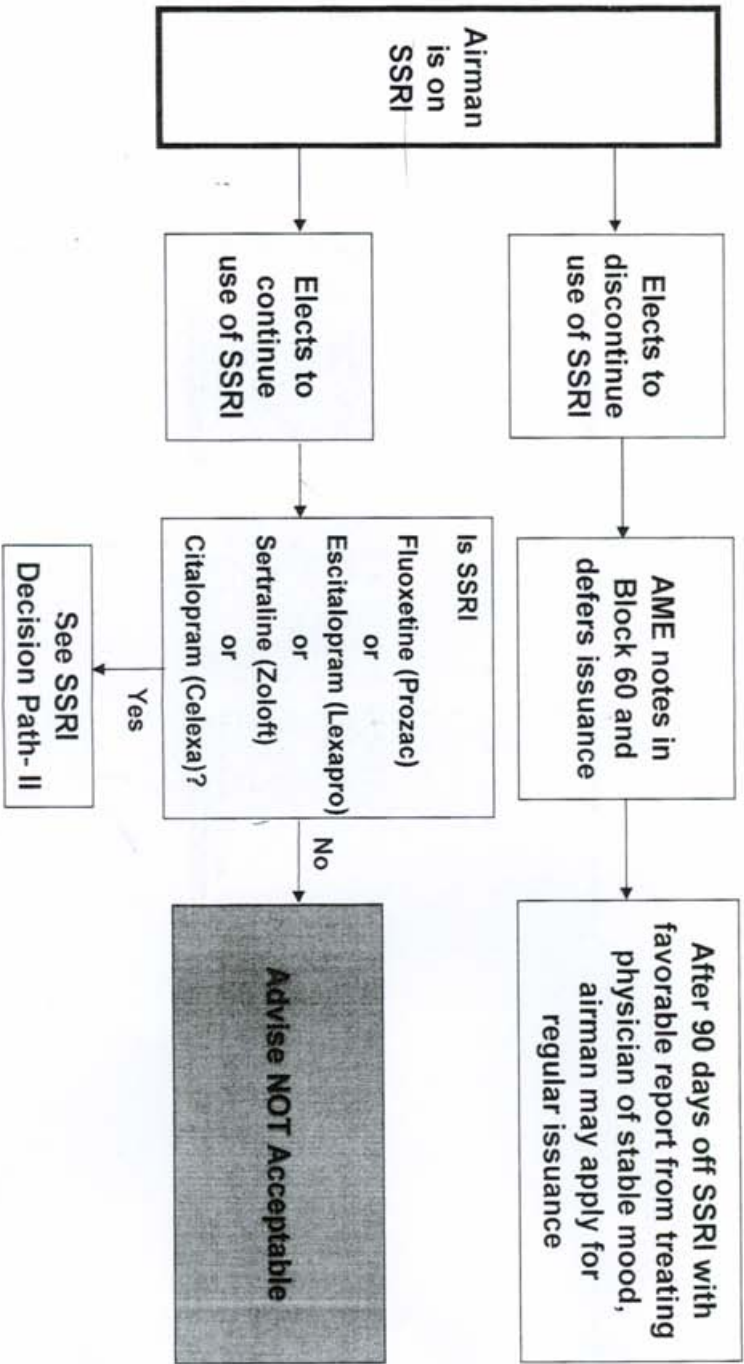
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SSRI SPECIFICATION SHEET

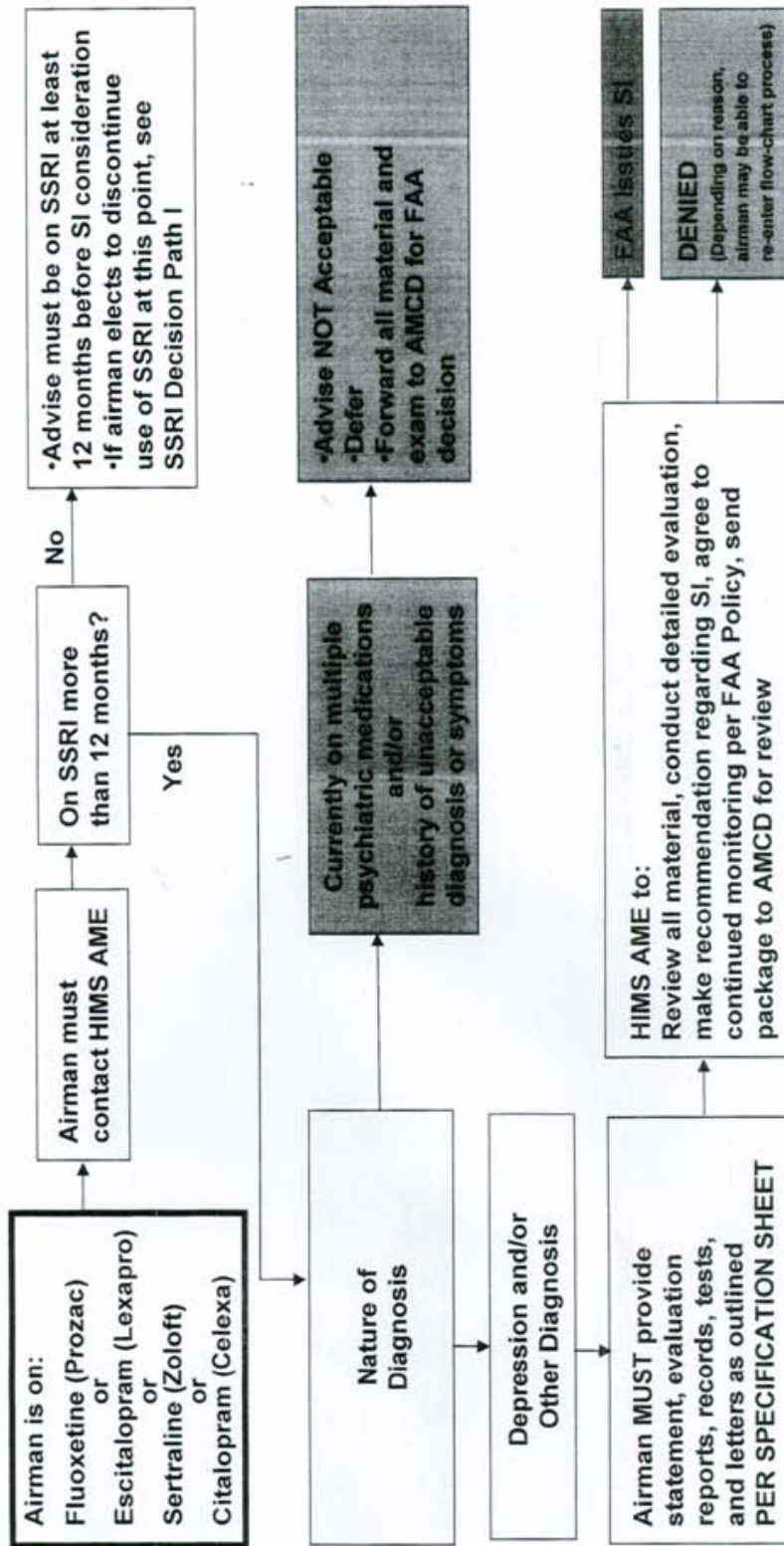
The following information will need to be submitted:

- o A written statement from you describing your history of antidepressant usage and mental health status.
- o Copies of all medical records related to your history of antidepressant usage.
- o A current detailed evaluation report from your treating physician attesting to and describing your diagnoses, length and course of treatment, dosage of the antidepressant medication taken, and presence of any side effects experienced from the antidepressant you currently take and that you have taken in the past.
- o If your treating physician is not a board certified psychiatrist, a detailed evaluation by a board-certified psychiatrist regarding your current psychiatric and behavioral status. The psychiatrist must document review of your personal statement, medical records, and current evaluation by your treating physician.
- o A report of the results of neurocognitive psychological testing which must include the raw data and all test protocols used by the examiner. Tests must include, but are not limited to, CogScreen-AE, Trails A/B, Stroop Test, CCPT, PASAT, and the Wisconsin Card Sorting Test.
- o If you have held a first- or second-class airman medical certificate and have flown for a commercial carrier within the last 2 years, obtain a letter from airline management (Chief pilot or designee) attesting to your competence, crew interaction and mood (if available).
- o A detailed evaluation by your HIMS AME that addresses a review of the above documents, your current psychiatric status, and comment regarding a recommendation for a Special Issuance certificate. The evaluation must include a written statement by your HIMS AME agreeing to serve as your independent medical sponsor.

SSRI Decision Path - I



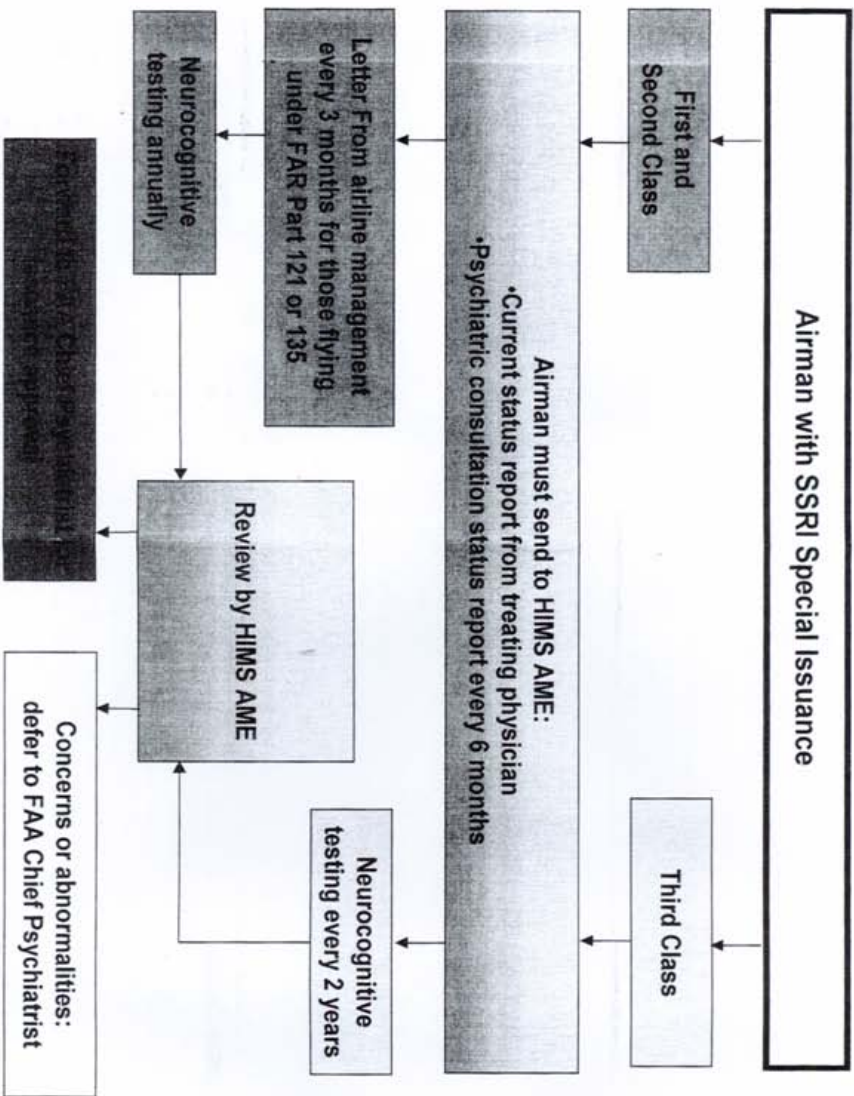
SSRI Decision Path - II



Federal Aviation
Administration

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SSRI Follow Up Path



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