

## FAA INFORMATION

### Great Lakes Regional Office

#### Mail:

Regional Flight Surgeon, AGL-300  
Dr. Nestor Kowalski/Cliff Hart  
2300 East Devon Ave.  
DesPlaines, Ill. 60018-4686

Phone: 847-294-7491 Cliff Hart, assistant to Dr Kowalski

Fax: 847-294-7808

Oklahoma Special Issuance (medical problems requiring FAA approval)/Lost Certificates/Reporting or Drug or Alcohol problems

#### Mail:

**Regular:** There is a 2-4 week delay due to  
Inspection of the mail  
Medical Appeals Section, AAM 313  
Aerospace Medical Certification Division  
FAA Civil Aerospace Medical Institute  
Post Office Box 26080  
Oklahoma City, Ok. 73125-9914

**Special:** Certified/registered, UPS, FedEx, etc.

Medical Appeals Section AAM 313  
Aerospace Medical Certification Division  
FAA Civil Aerospace Medical Institute  
6700 S. MacArthur Blvd., Room B-13  
Oklahoma City, Ok. 73169

Phone: 405-954-4821 listens for appropriate option 1

Fax: 405-954-4300

For Cardiac/Heart problems only: Phone: 405-954-7675, Fax: 405-954-4040

To find the FAA Guide for information required by the FAA for specific medical problems go to:

[www.faa.gov/pilots/medical/](http://www.faa.gov/pilots/medical/). Go to "Aviation Medical Examiners" then to "Guide for Aviation Medical Examiners". This will take you to "Aeromedical Decision Considerations". Check each area for the information you need. On the same web page the section below "Aeromedical Decision Considerations" is the "AME Guide". Open it up, click on the binoculars and type in the word of the disease. Make sure to send all the requested information. Anything that is omitted may delay your approval. Please send your information to the FAA directly and a copy to me to avoid delays. If you have any questions call me at 734-455-3530 x 13.

Robert J. Gordon, D.O., Senior A.M.E.

38253 Ann Arbor Road

Livonia, Michigan 48150

734-455-3530 Fax: 734-455-5050

Pilotdr.com Cell: 734-718-7607

E-mail: DrGordon@pilotdr.com

**Things to do or not to do before your flight physical to make it easier for the A.M.E. and the pilot:**

1. Forget your glasses
2. Notice a change in your near/far distance and not get an eye exam and glasses before your flight physical.
3. Have a Special Issuance and not bring your letter from the F.A.A
4. Have a Special Issuance and not send in the medical information the F.A.A. requested by the required date.
5. Have a Special Issuance and not bring to the exam the required medical information outlined in the F.A.A. letter.
6. Forget to tell the A.M.E. you have one of the 15 disqualifying conditions
  - Diabetes mellitus requiring hypoglycemic medication;
  - Angina pectoris;
  - Coronary heart disease that has been treated or, if untreated, that has been symptomatic or clinically significant;
  - Myocardial infarction;
  - Cardiac valve replacement;
  - Permanent cardiac pacemaker;
  - Heart replacement;
  - Psychosis;
  - Bipolar disorder;
  - Personality disorder that is severe enough to have repeatedly manifested it self by overt acts;
  - Substance dependence;
  - Substance abuse;
  - Epilepsy;
  - Disturbance of consciousness without satisfactory explanation of the cause
  - Transient loss of control of nervous system function(s) without satisfactory explanation of cause.
7. Have a chronic medical condition (ex. Hypertension, asthma ect.) requiring medical records and not bring them with you.
8. Having borderline high blood pressure and not seeing your personal doctor for evaluation and treatment before your flight physical.
9. Take a decongestant, drink too much coffee, smoke a cigarette or take other stimulants before your exam, which raise your blood pressure.
10. Have a family history of diabetes mellitus (or other familial diseases) and not get periodic checks with your personal doctor before your flight physical.
11. Having a family history of diabetes mellitus and having a large dose of sugar before your exam so sugar shows high in your urine test.
12. Mark on 17b. Under medications, that you are on a prohibited medication on a regular basis.
13. Forget to bring your S.O.D.A.(Statement of demonstrated ability) (Ex. Color vision defect).

The A.M.E. want you to pass your physical. We know how important it is to you (a lot of us are pilots). Any problem you have the A.M.E. will work with you, the F.A.A. and your personal doctor to try and resolve them. We as A.M.E. want you to be happy pilots with your medical in your hand when you leave our office.

By Robert J. Gordon, D.O. Senior A.M.E.

Edited by Donald Ross, D.O. "The" Senior A.M.E.

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WWW.PILOTDR.COM E-MAIL: DRGORDON@PILOTDR.COM

Hypertension Evaluation Worksheet

Date \_\_\_ \ \_\_\_ \ \_\_\_ Name \_\_\_\_\_

Age \_\_\_ Weight \_\_\_\_\_ Height \_\_\_\_\_

Smoking History or Non-smoker \_\_\_\_\_

Personal Medical History \_\_\_\_\_

Family Medical History \_\_\_\_\_

\_\_\_\_\_

Age

Health

Cause of Death

Father \_\_\_\_\_

Mother \_\_\_\_\_

Brothers \_\_\_\_\_

Sisters \_\_\_\_\_

Coronary Risk Factors \_\_\_\_\_

Blood Pressure Readings

#1 Date \_\_\_ \ \_\_\_ \ \_\_\_ \_\_\_\_\_ \ \_\_\_\_\_

#2 Date \_\_\_ \ \_\_\_ \ \_\_\_ \_\_\_\_\_ \ \_\_\_\_\_

#3 Date \_\_\_ \ \_\_\_ \ \_\_\_ \_\_\_\_\_ \ \_\_\_\_\_

ECG(resting) (Enclose copy)      Stress Test (If indicated) Include copy of results,( Worksheet  
and all EKG strips)

Fasting Plasma Glucose \_\_\_\_\_ Total Cholesterol \_\_\_\_\_ LDL Cholesterol \_\_\_\_\_

HDL Cholesterol \_\_\_\_\_ Triglyceride \_\_\_\_\_ Creatinine \_\_\_\_\_ Potassium \_\_\_\_\_

MEDICATIONS:

Name \_\_\_\_\_ Dosage \_\_\_\_\_ Frequency \_\_\_\_\_

Name \_\_\_\_\_ Dosage \_\_\_\_\_ Frequency \_\_\_\_\_

Name \_\_\_\_\_ Dosage \_\_\_\_\_ Frequency \_\_\_\_\_

Presence/Absence/History of adverse side effects/ Any Cardiovascular Symptoms: \_\_\_\_\_

\_\_\_\_\_

Physician's Name \_\_\_\_\_

Physician's Signature \_\_\_\_\_