

Sleep Apnea

FAA Medical Class 1, 2, 3

Sleep Apnea: Initial report to the FAA 1. Please provide a current status letter from the treating physician to include: A copy of the sleep study, before and after the use of CPAP and a copy of the Maintenance of Wakefulness Test (MWT). The test consists of at least four 40 minute periods, two hours apart, that you are monitored in a dimly lit room. If you fall asleep during ANY of the test periods you failed the test. If treatment was initiated, need to have documentation that the treatment was effective, and the pilot is compliant with the treatment, and a statement that there is no daytime fatigue.

If sleep apnea was already reported to the FAA on a prior application: Please provide a current status report from the treating physician to include: Documentation that the treatment for sleep apnea is effective, and the patient is compliant and has no daytime fatigue.

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